

*Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart.*  
Hebrews 12:1-3 (NIV)

## Perseverance

You know quite a bit about running. You know a lot about perseverance. **Yes, I know a lot about running with perseverance. Tell me what you know.** To run with perseverance motivation is needed at the very start. With rock solid motivation training can begin. One cannot run well, with perseverance without daily training. Perseverance is built little by little, day by day through consistent and ongoing training. Each day of training builds upon the prior day of training. Running well, with perseverance begins with one step followed by thousands upon thousands of subsequent steps. **Will you allow me to train you as you run on the course that I have laid out for you?** Yes Lord, I will. **That is very good.**

**Let me ask you a question about what you have said so far.** Go right ahead. **What is your motivation to run well in your life of faith with me?** You showed me your love. You saved me. You forgave all my sins. You cleansed me of all my unrighteousness. You rescued me from a life without you. You adopted me into your family. You are my Father. I am your child. I now love you because you first loved me. You gave yourself to me. So, I now want to give myself to you. I love you with all my heart and mind and soul and strength. There is no place I wouldn't go or nothing I wouldn't do for you. I want to live my life fully with and for you. I want to live a life that is pleasing in your sight. So, as you can see, I am highly motivated to run well in my life of faith with you. **I can see that quite clearly.**

**I have another question about motivation.** What's that? **What else motivates you to run well in your life of faith with me?** Many of your followers that have gone before me have run well in their race of faith with you. Many of your followers who now surround me are running well in their race of faith with you. I am encouraged by their example. They have thrown off everything that might have hindered them from running well. They have run or are now running with perseverance the course that you have laid out for them. They have not grown weary. They have not lost heart. I want to run with that same perseverance so I can be an example for others to follow. **That is very good.**

**One more question. I'm listening. What will help you to run and finish well?** To run and finish well, I will need to keep my eyes fixed on you. A good runner does not look side to side or to the rear. They keep their eyes looking forward. That is what I will do. I will keep my eyes fixed on you as I run the race of faith you have laid out before me. You will keep me running. You will help me to run well and finish my race. **Yes, I will. You can be sure of that.**

*Lord, I will throw off everything that hinders, entangles and slows me down in the life of faith that you have given me to live with and for you. With a joyful heart, I will keep my eyes fixed on you as I run the race with perseverance. Amen*

**Character** *Run With Perseverance*

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart.

NIV Hebrews 12:1-3

**Character** *Run With Endurance*

Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne. Think of all the hostility he endured from sinful people; then you won't become weary and give up.

NLT Hebrews 12:1-3

**Character** *Run With Perseverance*

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God. Consider him who endured such hostility against himself from sinners, so that you may not grow weary or lose heart.

NRSV Hebrews 12:1-3

**Character** *Run With Patient Endurance*

THEFORE THEN, since we are surrounded by so great a cloud of witnesses [who have borne testimony to the Truth], let us strip off and throw aside every encumbrance (unnecessary weight) and that sin which so readily (deftly and cleverly) clings to and entangles us, and let us run with patient endurance and steady and active persistence the appointed course of the race that is set before us, Looking away [from all that will distract] to Jesus, Who is the Leader and the Source of our faith [giving the first incentive for our belief] and is also its Finisher [bringing it to maturity and perfection]. He, for the joy [of obtaining the prize] that was set before Him, endured the cross, despising and ignoring the shame, and is now seated at the right hand of the throne of God. Just think of Him Who endured from sinners such grievous opposition and bitter hostility against Himself [reckon up and consider it all in comparison with your trials], so that you may not grow weary or exhausted, losing heart and relaxing and fainting in your minds.

AMP Hebrews 12:1-3

**Character** *Run With Endurance*

Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. For consider Him who has endured such hostility by sinners against Himself, so that you will not grow weary and lose heart.

NASB Hebrews 12:1-3

**Character** *Run With Endurance*

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted.

ESV Hebrews 12:1-3

**Character** *Run With Endurance*

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls.

NKJV Hebrews 12:1-3

**Character** *Start Running – And Never Quit!*

Do you see what this means—all these pioneers who blazed the way, all these veterans cheering us on? It means we'd better get on with it. Strip down, start running—and never quit! No extra spiritual fat, no parasitic sins. Keep your eyes on Jesus, who both began and finished this race we're in. Study how he did it. Because he never lost sight of where he was headed—that exhilarating finish in and with God—he could put up with anything along the way: cross, shame, whatever. And now he's there, in the place of honor, right alongside God. When you find yourselves flagging in your faith, go over that story again, item by item, that long litany of hostility he plowed through. That will shoot adrenaline into your souls!

MSG Hebrews 12:1-3

**Character** *Run With Patience*

Since we have such a huge crowd of men of faith watching us from the grandstands, let us strip off anything that slows us down or holds us back, and especially those sins that wrap themselves so tightly around our feet and trip us up; and let us run with patience the particular race that God has set before us. Keep your eyes on Jesus, our leader and instructor. He was willing to die a shameful death on the cross because of the joy he knew would be his afterwards; and now he sits in the place of honor by the throne of God. If you want to keep from becoming fainthearted and weary, think about his patience as sinful men did such terrible things to him.

TLB Hebrews 12:1-3

**Character** *Run The Race Before Us And Never Give Up*

We have around us many people whose lives tell us what faith means. So let us run the race that is before us and never give up. We should remove from our lives anything that would get in the way and the sin that so easily holds us back. Let us look only to Jesus, the One who began our faith and who makes it perfect. He suffered death on the cross. But he accepted the shame as if it were nothing because of the joy that God put before him. And now he is sitting at the right side of God's throne. Think about Jesus' example. He held on while wicked people were doing evil things to him. So do not get tired and stop trying.

NCV Hebrews 12:1-3



**Journal**

*As You Quiet Yourself Before The Lord*

**What Do You Want To Say To Me Lord?**

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**What Prayers Are You Praying Today?**

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**Prayer Of Blessing**

*(What Prayer Of Blessing Can You Pray For Another?)*

*May you keep your eyes on the Lord as you run with perseverance the race He has set before you.*

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**Prayer To Carry**

*(What Prayer Would You Like To Carry Throughout Your Day?)*

*Lord, I will keep my eyes on you as I run with perseverance the race you have set before me.*

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**What Do You Want To Remember About Today?**

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**A Question To Ask God**

*(What Would You Like To Ask God?)*

*Lord, how can I run with perseverance the race you have set before me as I keep my eyes on you today?*

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