

Hold On

Here is the deal. I'm discouraged. I am worn out. I am weary. But, I will hold on to your teaching. I will keep on moving forward with you. I will follow you where you lead me. I will do all that you ask of me. These things are not in question. Why am I so tired? Why am I so burned out? Shouldn't I be more refreshed? Shouldn't I be more alive? I would like to be more vibrant. I would like to be filled with joy. I would like your life to be overflowing my life. I want people to be attracted to seeing you in me. Do they see any of you in me? Don't they see a tired and worn out person? Who wants anything like that? My life doesn't shout, "look at what I have, do you want what I've got?" Don't get me wrong. I am extremely grateful for all that I have in you.

What do you have in me? Think about that. That's a good place to start. I have a new life in you. You have healed my bruised and battered and broken life. You have shown me your love. You have pulled me out of the darkness to walk in the light with you. You have forgiven all my sins and cleansed me of all my unrighteousness. You are leading and guiding me through life. I am now living and walking in the light with you. You are changing my heart and transforming my mind. You are giving me your thoughts to think. You are showing me your will to do. You have given me a future filled with hope. My life has a purpose and a plan. You have created good works that you have planned for me to do for you. You are causing me to bear fruit for your kingdom. You are helping me to bring glory to your name. I know that one day I will come to live in heaven with you. I know that I will live forever in eternity with you. I have nothing to fear in this life. How could I? My future is secure in you. **You have been given a great deal.** Yes, I have been given so very much.

You mentioned that you are very grateful. Yes, I did. **Do you give thanks?** I don't give thanks nearly enough. **That is your problem.** I can see that. **Give thanks to me. Praise my name. Remember all that I have done for you. Live your life with a thankful and praise filled heart. Then your life will overflow with my joy. Then others will want what you have. Will you offer all your thanks and praise to me?** Yes, Lord, I will. **That is how I want you to hold on to me.** I will hold on to you with a thankful and praise filled joyful heart. **That will be very good.**

Lord, I am ready to listen to all that you want to say to me. Help me to hold on to all the sound teaching that you have given to me. Grow my faith and trust in you. I love you Lord. Help me to encourage others so that they will also hold on to their faith in you. Amen

Hear *Pattern Of Sound Teaching*

What you heard from me, keep as the pattern of sound teaching, with faith and love in Christ Jesus.

NIV 2 Timothy 1:13

Hear *Pattern Of Sound Words*

Follow the pattern of the sound words that you have heard from me, in the faith and love that are in Christ Jesus.

ESV 2 Timothy 1:13

Hear *Pattern Of Wholesome Teaching*

Hold on to the pattern of wholesome teaching you learned from me—a pattern shaped by the faith and love that you have in Christ Jesus.

NLT 2 Timothy 1:13

Hear *Pattern Of Sound Words*

Hold fast the pattern of sound words which you have heard from me, in faith and love which are in Christ Jesus.

NKJV 2 Timothy 1:13

Hear *Standard Of Sound Teaching*

Hold to the standard of sound teaching that you have heard from me, in the faith and love that are in Christ Jesus.

NRSV 2 Timothy 1:13

Hear *Sound*

So keep at your work, this faith and love rooted in Christ, exactly as I set it out for you. It's as sound as the day you first heard it from me.

MSG 2 Timothy 1:13

Hear *Pattern Of Sound Teaching*

Hold fast and follow the pattern of wholesome and sound teaching which you have heard from me, in [all] the faith and love which are [for us] in Christ Jesus.

AMP 2 Timothy 1:13

Hear *Pattern Of Truth*

Hold tightly to the pattern of truth I taught you, especially concerning the faith and love Christ Jesus offers you.

TLB 2 Timothy 1:13

Hear *Standard Of Sound Words*

Retain the standard of sound words which you have heard from me, in the faith and love which are in Christ Jesus.

NASB 2 Timothy 1:13

Hear *Pattern Of True Teachings*

Follow the pattern of true teachings that you heard from me in faith and love, which are in Christ Jesus.

NCV 2 Timothy 1:13

Journal

As You Quiet Yourself Before The Lord

What Do You Want To Say To Me Lord?

What Prayers Are You Praying Today?

Prayer Of Blessing

(What Prayer Of Blessing Can You Pray For Another?)

May you hold on to and put into practice the sound teaching that you have been taught from God's word.

Prayer To Carry

(What Prayer Would You Like To Carry Throughout Your Day?)

Lord, I will hold on to and put into practice the sound teaching that I have been taught from your word.

What Do You Want To Remember About Today?

A Question To Ask God

(What Would You Like To Ask God?)

Lord, how can I hold on to and put into practice what I have been taught from your word?
